

Birth-5

A Parent's Guide to the First Five Years Because Georgia's Families Matter

DEVELOPMENTAL MILESTONES

Does my child...?



Turn head toward lights and bright colors
Follow moving object with eyes
Respond to loud sounds
Wiggle and kick legs and arms
Smile
Make sounds
Lift his/her head while on stomach

3 MONTHS

Reach for toys and pick them up
Move toys from one hand to the other
Roll over (both ways)
Play with feet
Babble
Help hold bottle while feeding

6 MONTHS

Sit up with back straight
Say "mama" and "dada"
Pick up things with fingers
Crawl and try to stand up

9 MONTHS

Pull self to standing position
Crawl on hands and knees
Drink from a cup
Wave "bye-bye"
Play peek-a-boo and patty cake
Say 1 or 2 words

12 MONTHS

Pull off his/her shoes and mittens
Feed his/herself some times
Walk without help
Like to look around
Use 8-10 words that are understood
Turn pages in a book

18 MONTHS

Use sentences
Say names of toys
Run
Point to eyes and nose
Play alone
Stack blocks
Take clothes off

24 MONTHS

Walk up steps
Know own name
Wash his/her hands
Play with other children
Use the toilet
Hop on one foot
Use 3-5 word sentences
Open door
Name colors

36 MONTHS

Use strategies to solve problems
Ask questions
Form friendships
Speak with familiar adults
Show interest in pleasing adults
Take turns
Develop creativity and sense of humor

48 MONTHS

Want to please friends
Copy geometric shapes
Correctly name four colors
Draw a person with a body
Skip, swing, and hop
Ask questions about things being discussed
Show affection to familiar adults

60 MONTHS

It has been shown that from **birth to five years** of age important physical, social and emotional growth takes place to build a strong foundation for learning and life.

Every child develops at different speeds, and milestones help guide parents during the early years of speedy development. In Georgia, the **Babies Can't Wait** program provides early intervention services on a sliding fee scale to support families through these early milestones.

If you have questions or concerns about your child's development, talk to your child's physician or contact **Babies Can't Wait**.

Early Intervention Because...
Babies Can't Wait



Babies Can't Wait

1-800-229-2038

www.georgiafamiliesmatter.org

Georgia Department of Human Resources

<http://dhr.georgia.gov/portal/site/DHR>